



Advent Health

North Pinellas

3RD ANNUAL

Free Community
HEALTH FAIR

March 8, 2026

10:00 am – 2:00 pm

New Port Richey

Seventh-day Adventist Church

6424 Trouble Creek Rd



Featuring:

- Health screenings
- Oneblood bus
- Food trucks
- Healthy cooking demo
- Door prizes
- Kids' Zone
- Chair massages
- Wellness vendors

SPEAKERS

11:00 am

Matthew Smith, DO - Emergency Medicine
AdventHealth North Pinellas

Topics:

Knowing When to Use ER, Urgent Care, or Primary Care
What an ER Doctor Wants Every Family to Know About Heart
Attack Symptoms

1:00 pm

Jonathan Pawson, Ph.D., LMHC

Topics:

Who's Driving Your Bus?
Reclaiming Control from Emotional Triggers



scan for
more info





DIAPER DRIVE

Help us support our local foster care families!



Suggested Donations:

- diapers-all sizes
- wipes
- healthy snacks (granola, apple sauce pouches, fruit pouches, fruit chews)

Collection Dates:

February 6 - March 8

Drop-off Location:

New PortRicheySDAChurch
@ ACA Health Fair
FSS table (Family Support Services).



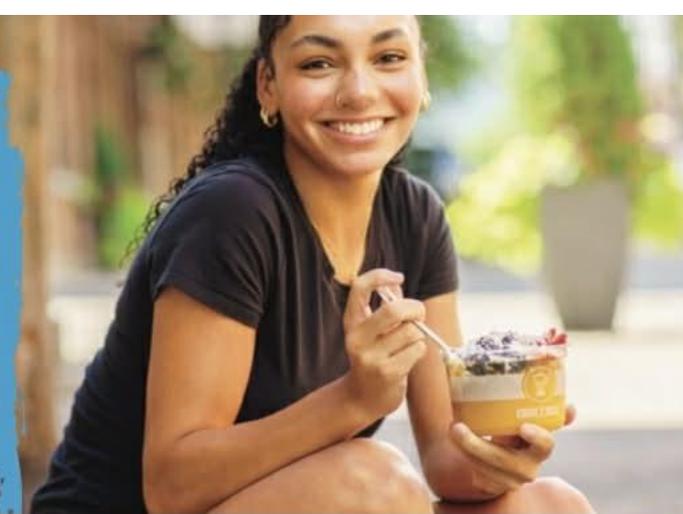
Family Support Services
PASCO AND PINELLAS COUNTIES



Thank you for your kindness and support!



betterblend.com



Choose healthy and delicious!

Better Blend smoothie bowls are handcrafted with a base of fruit blended to a thick consistency, then layered with toppings like fresh fruit, granola, and natural peanut butter. Fill up with something nutritious that tastes like a treat!



Coco Coconut

Blended coconut cream base. Topped with Good Good® Chocolate Drizzle (low sugar), strawberries, banana, toasted coconut, and granola

MEAL SIZE 16oz: 13.00
SNACK SIZE 12oz: 11.00



Dragon Fruit

Blended dragon fruit (pitaya) base. Topped with strawberries, blueberries, banana, coconut shavings, and honey

MEAL SIZE 16oz: 13.00
SNACK SIZE 12oz: 11.00



Good Good® Chocolate Bowl

Blended organic acai base. Topped with Good Good® Chocolate Drizzle strawberries, banana, coconut shavings, and granola

MEAL SIZE 16oz: 14.00
SNACK SIZE 12oz: 12.00



Mango Tango

Blended organic mango base. Topped with kiwi, strawberries, banana, honey, and granola

MEAL SIZE 16oz: 13.00
SNACK SIZE 12oz: 11.00



Power Bowl

Blended chocolate protein and organic acai base. Topped with strawberries, blueberries, banana, peanut butter, and granola

MEAL SIZE 16oz: 14.00
SNACK SIZE 12oz: 12.00



Super Bowl

Blended organic acai base. Topped with strawberries, banana, toasted coconut, peanut butter, cinnamon, and granola

MEAL SIZE 16oz: 13.00
SNACK SIZE 12oz: 11.00



The hummus TRUCK



ACA HEALTH FAIR



Signature Food Bowl (can be Gluten-Free) 15

Hummus Base with Falafel, Slow Cooked Chickpeas, Slow Cooked Fava Beans, Garlic Confit and Pickled Onions with Tahini Sauce. Served a choice of Mini Pita Breads (3) -or- Celery and Carrot Sticks.



Falafel Wrap (not Gluten-Free) 15

Steamed Soft Flour Tortilla with Falafel balls, Hummus, Fried Onions, Garlic Confit, Pickled Onions with Tahini Sauce. Served with Quick Pickled Coleslaw & Pickled Cucumber on the side.



Falafel Tacos (3) (not Gluten-Free) 15

Steamed Soft Flour Tortillas with Falafel Topped with Quick Pickled Coleslaw, Cauliflower and Onions. with Tahini Sauce and Amba Sauce. Served with Lime Wedges on the side.

SKIP THE LINE!
order here and get
a text when it's ready!

Drinks Available:

- Coca Cola 2
- Diet Cola 2
- Coke Zero 2
- Sprite 2
- Water 2
- Pure Leaf Sweet Tea 2.2



Thank You to Our Sponsors

We sincerely thank our sponsors for supporting our 3rd Annual Community Health Fair and investing in the health and wellness of our community.

